Ms Marian's Dance Garden

<u>Dress Code for the</u> <u>Infant/Toddler & Children's Dance Program</u>

WHY a Dress Code?

It encourages a neat and tidy appearance; sets an attitude of attentiveness and respect for students, teacher, and the art of dance; allows teachers to see the line of the body clearly, in order to make proper corrections on posture, alignment, shape and form.

Check out each dance technique for dance attire and shoe requirements.

HOW to Prepare?

Choose yourself a designated **DANCE BAG** and keep all your essentials inside...dance shoes, hair supplies, extra tights, leotard, bottled water.

GIRLS: Secure hair with pony tail holders and barrettes; hair should be up off of the face and neck, so you can learn how to turn, move quickly, leap without having hair distract your vision. You can borrow hair ties from the DG.

PreK – 4th **grades:** two high pigtails;

 $5^{th} - 12^{th}$ grades: one high pony tail or a ballet bun

BOYS: Boys hair should be out of their eyes for all classes; the Dance Garden will supply the student with elastic headbands, aptly named "Ninja Headbands" to remain at the Dance Garden between classes

For All:

No jewelry! Be safe....don't hurt yourself or your fellow dancers! No gum!...Be safe...don't choke!

FORGOT YOUR DANCE GEAR?

Check out our **BORROW BOXES** for tights, leotards, ballet slippers, tap shoes to use for the day. Make sure you return these items immediately after class so they can be laundered for the next dancer who may need them.

TO PURCHASE

Visit Revolution Dancewear **www.ShopNimbly.com/dancegardensf** and get MMs Teacher Discount! Look for your age/class to purchase the appropriate & selected gear.