

Ballet Fitness

Adult Summer Intensive

June 8-10 6-9pm 5841 Geary Blvd, SF 94121
Mon-Wed

Join us for a 3-day intensive that will challenge and invigorate! Geared towards Beginner/Intermediate Ballet students, each day begins with 30 min of conditioning followed by a 90 min Ballet class, and ends with a choreography session. Taught by Dance Garden and San Francisco Ballet School instructor Nika Jurich.

For more info and registration, email msnika@dancegardensf.com or visit www.dancegardensf.com

Registration Link:



Pricing: \$70 per Full Day
Ballet and Conditioning: \$35 per day
Ballet only: \$25 drop-ins or \$210 for a 10 class FIT card that can be used for bi-weekly Ballet Fit Classes
\$45 Annual Insurance Fee for all new students